



GHCLA Newsletter

Issue 155

December 2019

G.H.C. President's Corner



Dear GHC Members,

The Classic is over and I hope everyone had a good time. Thanks to all who made it a success. Congratulations to all the winners.

It's been an honor and privilege serving as your president for the last four years.

Wishing you all a safe, happy and festive holiday season.

Vernon Young

G.H.C. Auxiliary President's Corner



Dear Ladies,

By now the Classic is over and it's time to really get into the spirit of the season. The clubhouse has been decorated for Christmas and looks very festive. If you don't have plans for Christmas dinner, come join us on the 25th for our annual pot-luck dinner. Enjoy this last month of 2019 and do whatever makes you happy.

Our next meeting will be January 9, 2020. Come prepared to pay your dues and sign up for committees.

Relax, take care of your health and be happy. See you next year if not before.

Toni Young

All correspondence through the mail should be sent to **P.O. BOX 11133, Spring Hill, FL34610**. We have been finding mail thrown on the grass at the Springtime address.

Visit our websites to get up to date information and read the Newsletter with full color pictures.

www.ghclub.com

www.ghcla.com

A MESSAGE FROM THE RACE SECRETARY

- Anyone needing chips contact Jerry McIntosh (727-857-1281) or Ted Phillips (352-584-0170)
The chip price is \$2.15 per chip.
- Any new members who need loft measurements:
 - Living north of Rt. 50, contact Hugh Fraser (352-592-7664)
 - Living south of Rt. 50, contact Sam Giarratano (727-379-0777)

CALENDAR OF UPCOMING EVENTS

Wed	Dec 11	GHC meeting	7 p.m.
Wed	Dec 25	Christmas Pot-luck Dinner	3 p.m.
Wed	Jan 8	GHC meeting	7 p.m.
Thurs	Jan 9	Auxiliary meeting	10 a.m.
Sat	Jan 18	GHC Banquet @ Wellington	6 p.m.

ATTENTION FLYERS

BE SURE THAT YOUR CLOCK IS CLEAR OF ALL TRAINING TOSSES AND RACES BEFORE SUBMITTING IT ON SHIPPING NIGHT.

ATTENTION ALL GHC MEMBERS

If you have a change of telephone number or address, please call or text Vernon on 727-457-4309

Ladies Day Out

Ellen Lupini organized a wonderful Ladies Day Out on November 5th to the Marguerita Grill in Homosassa. She even helped with the car pooling to make sure everyone who was going had a way to get there. The food was delicious, the service was good, the company was great and the margaritas Well, let's just say some were really shocked when a medium came out with a glass and a pitcher. It was a very enjoyable outing. Thanks again Ellen for planning this.



Our Very Own Celebrity

The article below was published on the Special Olympics Florida website. Who is our very own celebrity? Kate Stanford!

Please read this article about an amazing young woman. Kate has been called an inspirational athlete who is a Global Messenger for Special Olympics and is a member of the Athlete Input Conference.

Special Olympics athlete competes in 13 sports

Written by Bobby Lewis



Kate Stanford does what few others have done on the Special Olympics fields of competition. “Let me win but if I cannot win let me be brave in the attempt,” she said proudly.

The 34-year-old has come a long way since her first swimming event four years ago. She’s won ten medals along the way to being one of the few athletes to compete in more than a dozen different Special Olympics Florida sports. “Weightlifting, stand up paddle, golf, swimming,” she began, listing her athletic resume.

Her father, Brent, says Kate has a minor learning disability. It’s something you’d never know unless you were informed. Kate has spoken in front of large crowds as a Special Olympics Global Messenger. She speaks to groups as a member of the Athlete Input Council.

Special Olympics has changed her life. “It’s really been a miracle,” said Brent. “She has so many friends and they’re doing things all the time.”

The Stanfords moved from near Macon, Ga. to the Brooksville area four years ago. Kate began attending the local YMCA. She was told about Special Olympics and competed in swimming in her first year. Now, she competes in all 13 sports offered in Hernando county. Florida offers 24 as a state.

“It doesn’t matter how severe disability you have. All that matters is that you get out and participate,” she said outside the Lift More Fitness Gym in Brooksville. “My favorite is the bench press.”

Kate can bench press 85 pounds and deadlifts 135. This weekend, Orlando will host the State Games with nearly 1,500 athletes in competition. Hundreds of coaches and volunteers with help pull off the annual event. “I’m most looking forward to watching the pickleball demonstration,” Kate said.

Special Olympics, as a whole, focuses on inspiring its athletes to achieve physical fitness, self-esteem, socialization and life skills – more than focusing on competitive results alone, according to a spokesperson.

“Sports is the vehicle in which these individuals with intellectual disabilities are able to meet these goals through Special Olympics. The organization also extends beyond sports training to provide year-round health services to children and adults with intellectual disabilities, at no cost to the athletes or their caregivers. This vastly increases the overall impact of Special Olympics on its communities.”

That’s why the Stanfords love it so much. “They all support each other,” Brent said of the athletes. “It’s really something to see.”

She was also interviewed by channel 10, WTSP. If you would like to see the interview, this is the link:

<https://specialolympicsflorida.org/blog/latest-news/kate-stanford/>

Classic Preparation

It takes a long time and a lot of work to get ready for the first week in December, Classic Week. GHC handlers receive birds starting the 1st of February spending months, feeding, medicating, and training for the big race. Ladies of the Auxiliary also start early in the year organizing committees to work on their biggest fundraiser. As time grows shorter, it's time to spruce up the clubhouse for our guests.



Two ladies in particular formed a cleaning crew of just two and took off. Jan Blazier and Deborah Perry-Cerone started cleaning floors, cleaning bathrooms, and washing chairs. Jan painted the unisex bathroom, replaced a toilet seat and weeded around the building. They found some pigeon prints and hung them in the unisex bathroom and put other pictures in the ladies bathroom and in the hallway. They said the place had to look nice because we were having company. Kudos to these two go-getters!



Members of the Auxiliary's Classic and Decorating

committees added the final touches with Christmas trees, wreaths and other seasonal decorations. They also started setting up their areas for fundraising; a clock or \$1000 raffle, a \$500 cash raffle, Pick-A-Prize raffle, 2nd Hand Rose purchases, and GHC/Classic apparel. Kim Stephen even had a beautiful Welcome banner made.



Annual Pot-luck Christmas Dinner



When: Wednesday, December 25, 2019

Where: GHC Clubhouse

Time: 3:00 p.m.

Sign-up sheets will be posted in the clubhouse or call/email one of the following ladies to put your name on the list and let us know what you are bringing.

Toni Young

(727) 856-1983 or (727) 457-4308 toyo101@msn.com

Ellie DeBoer

(727) 857-9892 deboerde@verizon.net

There will be a \$10-\$12 gift exchange.

Bring one – Get one

Mark your gift male (cock) or female (hen)

GHC Awards Banquet

Saturday, January 18, 2020



WHERE: The Wellington at Seven Hills

TIME: 6 p.m. – 10 p.m.

**COST: \$35.00 per person
(Children 5 & under free)**

Buffet Dinner

***Carved Prime Rib *Chicken Parmesan *Parmesan Crusted Cod Loin
*Roasted Red Potatoes * Seasoned Green Beans *Penne Pasta w/ Red Sauce
*Green Salad *Dinner Rolls**

Cash Bar

Tickets will be on sale at the December GHC meeting
and the January meetings of both the GHC and GHCLA.

For tickets contact Joy Zito, Linda Kenyon, Kim Stephen or Karen Sawicki

Cutoff Date to buy tickets: January 8, 2020



WHERE: GHC CLUBHOUSE
WHEN: LAST WEDNESDAY OF EVERY MONTH
TIME: 7 P.M. – COST: \$11.00 for 10 games plus the cover-all
OPEN TO ALL GHC/GHCLA MEMBERS, FAMILY, FRIENDS
AND INVITED GUESTS (NOT OPEN TO PUBLIC)

**Next BINGO night is
Wednesday, January 29, 2020**



***Merry Christmas
Feliz Navidad***

Happy Hanukkah



If you have any news you would like to share with our GHC family, please send a brief write up and pictures to Toni – toyo101@msn.com



.....

This Newsletter is published by the Newsletter Committee of the G.H.C. Ladies' Auxiliary and it is solely responsible for its content Information for the Newsletter is due to a committee member two weeks before the date of the GHC meeting. The Committee may edit the information prior to publication. Newsletter Committee: Toni Young, Sandee Portenga, Kathy Hackemer, and Jeanne Schaper.